

Ascentis Entry 1 and Entry 2 Award and Certificate in Life Skills Overview Specification



Ofqual Numbers:

Entry 1 Award: 600/8235/5

Entry 2 Award: 600/8304/9

Ofqual Review Date: 31/07/2027

Ofqual Certification Review Date: 31/07/2028

Entry 1 Certificate: 500/5851/4

Entry 2 Certificate: 501/1661/7

Ofqual Review Date: 31/07/2027

Ofqual Certification Review Date: 31/07/2028

Qualification Overview

The Ascentis Awards and Certificates in Life Skills at Entry 1 and Entry 2 provide an introduction to the essential skills needed to establish an independent lifestyle. The target learners are those who need support to live an independent lifestyle. They can be encouraged to move towards other literacy, numeracy and vocational programmes at the appropriate level.

There are several features of these qualifications that make them very appropriate for their target learners:

- Assessment is through the building up of a portfolio of evidence to demonstrate that all the assessment criteria have been met
- Evidence can be generated within a wide range of contexts, allowing the qualifications to meet the specific life skills requirements of the learners
- Moderation and certification can be offered throughout the year, allowing maximum flexibility for centres

Aims

The aims of the qualifications are:

- To promote independent living skills and confidence in learners.
- To reward the achievement of learners for the skills they have developed.
- To help the learner progress towards literacy, numeracy, ICT and vocational qualifications.

Target Group

These qualifications are aimed at those learners who may need help and support to develop their life skills in order to live an independent lifestyle.

Regulation Codes

Ofqual Regulation Numbers:

- Ascentis Entry Level Award in Life Skills (Entry 1): 600/8235/5
- Ascentis Entry Level Award in Life Skills (Entry 2): 600/8304/9
- Ascentis Entry Level Certificate in Life Skills (Entry 1): 500/5851/4
- Ascentis Entry Level Certificate in Life Skills (Entry 2): 501/1661/7

Assessment Method

All units are internally assessed through the learner building up a portfolio of evidence that covers the relevant assessment criteria. They are internally assessed and verified by the centre and then externally verified by Ascentis.

Many Ascentis units include suggested content to support wider learning opportunities across three priority areas:

- Digital
- Well-being
- Sustainability.

They are not compulsory and do not form part of the assessment. They are suggestions for tutors who may wish to link the unit content into these areas to further support learner progression in education, training and work.

Rules of Combination

To achieve the Awards learners must achieve one optional unit.

To achieve the Certificates learners must achieve at least four optional units

Units at Entry 1, 2 and 3 can be combined. The tutor must ensure that at least 51% of the total credit is achieved at the level of certification.

Ascentis Entry 1 and 2 Award in Life Skills				
				Credits: 8
Title	Level	Credit Value	GLH	Unit ref
Yourself and Others	Entry 1	8	80	M/502/0652
Yourself and Others	Entry 2	8	80	T/502/1205
Learning Skills	Entry 1	8	80	T/502/0653
Learning Skills	Entry 2	8	80	A/502/1206
Keeping Healthy and Safe	Entry 1	8	80	D/502/1201
Keeping Healthy and Safe	Entry 2	8	80	F/502/1207
Community and Leisure	Entry 1	8	80	H/502/1202
Community and Leisure	Entry 2	8	80	L/506/7610
Time and Money	Entry 1	8	80	K/502/1203
Time and Money	Entry 2	8	80	A/504/7756
Carrying out a Practical Activity	Entry 1	8	80	M/502/1204
Carrying out a Practical Activity	Entry 2	8	80	L/602/4427
Understanding Relationships	Entry 1	8	80	R/502/1731
Understanding Relationships	Entry 2	8	80	Y/502/1732
Credits from equivalent units:				
Please contact the Ascentis office to request equivalences, and ask to speak to a member of the Qualifications Development Team.				
Credits from exemptions:				
Please contact the Ascentis office to request exemptions and ask to speak to a member of the Qualifications Development Team.				
Barred combinations				
Unit title	Reference		Unit title	Reference
Yourself and Others (E1)	M/502/0652	May not be taken with	Yourself and Others (E2)	T/502/1205
Learning Skills (E1)	T/502/0653	May not be taken with	Learning Skills(E2)	A/502/1206
Keeping Healthy and Safe (E1)	D/502/1201	May not be taken with	Keeping Healthy and Safe (E2)	F/502/1207
Community and Leisure (E1)	H/502/1202	May not be taken with	Community and Leisure (E2)	L/506/7610

Time and Money (E1)	K/502/1203	May not be taken with	Time and Money (E2)	A/504/7756
Carrying out a Practical Activity (E1)	M/502/1204	May not be taken with	Carrying out a Practical Activity (E2)	L/602/4427
Understanding Relationships (E1)	R/502/1731	May not be taken with	Understanding Relationships (E2)	Y/502/1732

Ascentis Entry 1 and 2 Certificate in Life Skills				
Minimum credits: 32				
Title	Level	Credit Value	GLH	Unit ref
Yourself and Others	Entry 1	8	80	M/502/0652
Yourself and Others	Entry 2	8	80	T/502/1205
Learning Skills	Entry 1	8	80	T/502/0653
Learning Skills	Entry 2	8	80	A/502/1206
Keeping Healthy and Safe	Entry 1	8	80	D/502/1201
Keeping Healthy and Safe	Entry 2	8	80	F/502/1207
Community and Leisure	Entry 1	8	80	H/502/1202
Community and Leisure	Entry 2	8	80	L/506/7610
Time and Money	Entry 1	8	80	K/502/1203
Time and Money	Entry 2	8	80	A/504/7756
Carrying out a Practical Activity	Entry 1	8	80	M/502/1204
Carrying out a Practical Activity	Entry 2	8	80	L/602/4427
Understanding Relationships	Entry 1	8	80	R/502/1731
Understanding Relationships	Entry 2	8	80	Y/502/1732
Understanding Sexual Relationships	Entry 1	5	50	H/502/1751
Understanding Sexual Relationships	Entry 2	5	50	K/502/1752
Sexual and Personal Health	Entry 1	5	50	T/502/1754
Sexual and Personal Health	Entry 2	5	50	F/502/1756
Managing Social Relationships	Entry 3	2	20	T/502/0457
Credits from equivalent units:				
Please contact the Ascentis office to request equivalences, and ask to speak to a member of the Qualifications Development Team.				
Credits from exemptions:				
Please contact the Ascentis office to request exemptions and ask to speak to a member of the Qualifications Development Team.				
Barred combinations				
Unit title	Reference		Unit title	Reference
Yourself and Others (E1)	M/502/0652	May not be taken with	Yourself and Others (E2)	T/502/1205
Learning Skills (E1)	T/502/0653	May not be taken with	Learning Skills(E2)	A/502/1206
Keeping Healthy and Safe (E1)	D/502/1201	May not be taken with	Keeping Healthy and Safe (E2)	F/502/1207

Community and Leisure (E1)	H/502/1202	May not be taken with	Community and Leisure (E2)	L/506/7610
Time and Money (E1)	K/502/1203	May not be taken with	Time and Money (E2)	A/504/7756
Carrying out a Practical Activity (E1)	M/502/1204	May not be taken with	Carrying out a Practical Activity (E2)	L/602/4427
Understanding Relationships (E1)	R/502/1731	May not be taken with	Understanding Relationships (E2)	Y/502/1732
Understanding Sexual Relationships (E1)	H/502/1751	May not be taken with	Understanding Sexual Relationships (E2)	K/502/1752
Sexual and Personal Health (E1)	T/502/1754	May not be taken with	Sexual and Personal Health (E2)	F/502/1756

Guided Learning Hours (GLH)

The recommended guided learning hours for Entry Level 1 Award is 80.

The recommended guided learning hours for Entry Level 2 Award is 80.

The recommended guided learning hours for Entry Level 1 Certificate is 320.

The recommended guided learning hours for Entry Level 2 Certificate is 320.

Total Qualification Time (TQT)

The total qualification time for Entry Level Award in Life Skills (Entry 1) is 80.

The total qualification time for Entry Level Award in Life Skills (Entry 2) is 80.

The total qualification time for Entry Level Certificate in Life Skills (Entry 1) is 320.

The total qualification time for Entry Level Certificate in Life Skills (Entry 2) is 320.

Age Range of Qualification

The Awards are suitable for young people aged 14–19 and adult learners.

The Certificates are suitable for learners aged 16+.

Contact & Further Information

New Centres please email hello@ascentis.co.uk or call 01524 845046

Existing Centres please visit the Login area of our website www.ascentis.co.uk to view the full specification

Product Development for enquiries please email development@ascentis.co.uk